

FOR IMMEDIATE RELEASE

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New Comprehensive Orthopedic Clinic Comes to Vallejo

VALLEJO, Calif. — Sutter Solano Medical Center (SSMC) announces its affiliation with Orthopedic Surgeon Teo Nissen, M.D. The physician will operate a specialty orthopedic clinic—housed in the medical office building on SSMC’s campus—and provide on-call services at the hospital. The new clinic, which brings multiple independent orthopedic specialists together in one central office, is the first of its kind in the region.

“We are bringing a comprehensive level of orthopedic care to the North Bay and Solano areas. There’s a great need for it,” says Dr. Nissen, adding that the specialty clinic will provide subspecialty services in general orthopedics, sports medicine, foot and ankle reconstruction, hand and microvascular surgery, surgery of the spine and pain management. “Currently, local patients need to drive to San Francisco or the East Bay for this level of care. Our goal is to provide a broad spectrum of specialties with in-depth surgical expertise to assist people in this community.”

Until recently, Dr. Nissen was on staff as an orthopedic surgeon at California Pacific Medical Center’s St. Luke’s Campus in San Francisco, Calif.

Dr. Nissen attended the University of California-Berkeley where he graduated at the top of his class, and then he went on to pursue his medical degree (with AOA distinction) and residency in Orthopedic Surgery at the University of California-San Francisco. He completed a fellowship in Sports/Trauma at the Lake Tahoe Orthopedic Institute. Drawn to orthopedics and treating sports injuries, Dr. Nissen enjoys outdoor activities such as snowboarding, road biking and mountain biking.

Occupational and manual labor injuries are similar to sports injuries, Dr. Nissen says, because both are labor intensive and can result in trauma to the musculoskeletal system. It's important, he says, to focus on minimally invasive procedures that keep recovery time short and reduce pain.

"We can use X-rays for navigation and perform arthroscopic surgery through small skin portals using a scope. We can do it in a way that is less disruptive, offers less scaring and minimizes pain for the patient," Dr. Nissen says. "The less post-operative pain a patient experiences, the quicker they can return to work. Many of my patients are working for a living and when they are in pain, it affects their lives and their loved ones. We're an advocate for the patient and their family."

Dr. Nissen also maintains a commitment to bringing high-caliber orthopedic services to medically indigent and underserved communities. He has participated in medical missions throughout the world, bringing surgical technologies to communities and orthopedic surgeons who work without advanced equipment.

Dr. Nissen's office is at 100 Hospital Drive Suite 303, Vallejo, CA 94589. To make an appointment, call 707-645-7210.

About Sutter Solano Medical Center

For more than 100 years, SSMC has been committed to the community by providing emergency care, delivering babies, and serving others in time of need. The medical center has 111 licensed beds and is fully accredited by The Joint Commission, an independent, non-profit with the mission to continuously improve the safety and quality of care provided to the public.

SSMC is part of Sutter Health, a not-for-profit network of hospitals, doctors, and nurses who share expertise and resources to advance health care quality.

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